

| Rang | Startnr. | Name | Vorname | Jahrgang | Team | Zeit | Klasse | Rang Klasse |
|------|----------|-----------------|---------------|----------|------------------------|-----------|--------|-------------|
| 1 | 910 | Hahn | Tobias | 1976 | LSV Ladenburg | 0.36:51,0 | M35 | 1 |
| 2 | 949 | Berbner | Patrick | 1975 | Exotenwaldteam Wheim | 0.37:02,0 | M35 | 2 |
| 3 | 969 | Soufi | Rachid | 1990 | Halle Saale | 0.37:45,0 | M20 | 1 |
| 4 | 960 | Buttmi | Peter | 1963 | TV Rheinau | 0.40:02,0 | M45 | 1 |
| 5 | 959 | Hofmann | Holger | 1959 | LSV Ladenburg | 0.40:51,0 | M50 | 1 |
| 6 | 955 | Ebert | Christian | 1978 | Bad Rappenau | 0.41:58,0 | M30 | 1 |
| 7 | 500 | Dittrich | Joachim | 1952 | Roadrunner Abtsteinach | 0.42:43,0 | M55 | 1 |
| 8 | 934 | Schwöbel | Stefan | 1985 | Running Cool | 0.43:15,0 | M20 | 2 |
| 9 | 941 | Riemenschneider | Jens | 1977 | - | 0.44:12,0 | M30 | 2 |
| 10 | 496 | Weber | Günther | 1970 | natürlich laufen | 0.44:28,0 | M40 | 1 |
| 11 | 968 | Schupp | Alexander | 1971 | Judo-Club Lobbach | 0.44:43,0 | M40 | 2 |
| 12 | 953 | Bräuer | Jochen | 1971 | Neckargemünd | 0.45:07,0 | M40 | 3 |
| 13 | 478 | Barosch | Jens | 1988 | Sparkasse Heidelberg | 0.45:30,0 | M20 | 3 |
| 14 | 483 | Jungmann | Gunther | 1967 | Sparkasse Heidelberg | 0.46:01,0 | M40 | 4 |
| 15 | 460 | Giehl | Michelle | 1979 | Mannheim | 0.46:22,0 | W30 | 1 |
| 16 | 912 | Menrad | Thomas | 1965 | Barefoot Runner Ladenb | 0.46:41,0 | M45 | 2 |
| 17 | 963 | Klapdohr | Maximilian | 1996 | SG Leutershausen | 0.46:48,0 | M15 | 1 |
| 18 | 957 | Harms | Guido | 1970 | ABB Mannheim | 0.46:56,0 | M40 | 5 |
| 19 | 451 | Boeke | Dr. Christian | 1972 | SkiClub HD (Triathlon) | 0.47:27,0 | M35 | 3 |
| 20 | 466 | Massie | Winfried | 1951 | just for fun | 0.47:44,0 | M60 | 1 |
| 21 | 474 | Berdel | Jürgen | 1968 | SPORTart | 0.48:12,0 | M40 | 6 |
| 22 | 948 | Linse | Stephanie | 1967 | LT Hemsbach | 0.48:40,0 | W40 | 1 |
| 23 | 909 | Schulz | Klaus-Dieter | 1950 | LG Konradsburg 90 | 0.48:50,0 | M60 | 2 |
| 24 | 902 | Walk | Alexander | 1973 | Hirsch | 0.48:52,0 | M35 | 4 |
| 25 | 913 | Böttinger | Michael | 1964 | - | 0.48:58,0 | M45 | 3 |
| 26 | 497 | Mc Cafferty | Bastian | 1975 | Schalke | 0.49:22,0 | M35 | 5 |
| 27 | 464 | Marhöfer | Roger | 1961 | Die Brüder | 0.49:48,0 | M50 | 2 |
| 28 | 475 | Haase | Andreas | 1966 | Wilhelmsfeld | 0.50:13,0 | M45 | 4 |
| 29 | 915 | Larson | Jeffrey | 1972 | - | 0.50:16,0 | M35 | 6 |
| 30 | 471 | Wiebach | Mathias | 1964 | Heidelberg Altstadt | 0.50:17,0 | M45 | 5 |
| 31 | 935 | Hornstein | Mark | 1993 | TSG Wilhelmsfeld | 0.50:18,0 | M18 | 1 |
| 32 | 943 | Pflästerer | Klaus | 1958 | Lauffreunde Weinheim | 0.50:24,0 | M50 | 3 |
| 33 | 961 | Kalxdorf | Mathias | 1988 | Bährenstark | 0.50:43,0 | M20 | 4 |
| 34 | 493 | Sauer | Pia | 1963 | Sparkasse Heidelberg | 0.50:47,0 | W45 | 1 |
| 35 | 469 | Kapp | Dieter | 1962 | vereinslos | 0.51:00,0 | M45 | 6 |
| 36 | 472 | Costantino | Claudio | 1975 | Wilhelmsfeld | 0.51:01,0 | M35 | 7 |
| 37 | 908 | Wagner | Luise | 1989 | LG Konradsburg 90 | 0.51:03,0 | W20 | 1 |
| 38 | 914 | Böttinger | Ludwig | 1995 | TSV Schönau | 0.51:29,0 | M16 | 1 |
| 39 | 921 | Junghans | Nicola | 1992 | TSG Wilhelmsfeld | 0.51:32,0 | W18 | 1 |
| 40 | 932 | Zeber | Peter | 1950 | FREIRAUM | 0.51:47,0 | M60 | 3 |
| 41 | 971 | Riegler | Jörg | 1967 | Wilhelmsfeld | 0.52:08,0 | M40 | 7 |
| 42 | 467 | Erdmann | Carmen | 1965 | Schriesheim | 0.52:10,0 | W45 | 2 |
| 43 | 945 | Brown | Brooke | 1989 | Go Ducks USA | 0.52:16,0 | W20 | 2 |
| 44 | 946 | Resas | Dieter | 1965 | Büstadt | 0.52:20,0 | M45 | 7 |
| 45 | 498 | Jakob | Carsten | 1975 | Wellmann&Kol. Rechtsan | 0.52:31,0 | M35 | 8 |
| 46 | 494 | Scheuermann | Helmut | 1961 | Sparkasse Heidelberg | 0.52:39,0 | M50 | 4 |
| 47 | 924 | Lampel-Meyer | Christiane | 1951 | FREIRAUM | 0.52:49,0 | W60 | 1 |
| 48 | 907 | Wagner | Helga | 1958 | LG Konradsburg 90 | 0.53:01,0 | W50 | 1 |

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| 49 | 911 | Immendorfer Rühle | Ulrike | 1967 | Wilhelmsfeld | 0.53:31,0 | W40 | 2 |
| 50 | 970 | Israng | Andreas | 1962 | - | 0.53:35,0 | M45 | 8 |
| 51 | 938 | Marg | Andreas | 1953 | Weinheim | 0.53:46,0 | M55 | 2 |
| 52 | 495 | Seib | Thomas | 1960 | Sparkasse Heidelberg | 0.54:19,0 | M50 | 5 |
| 53 | 484 | Löser Phung | Chinh | 1968 | Sparkasse Heidelberg | 0.54:20,0 | W40 | 3 |
| 54 | 481 | Gutmann | Ingo | 1962 | Sparkasse Heidelberg | 0.54:29,0 | M45 | 9 |
| 55 | 906 | Marek | Claudia | 1969 | Sparkasse Heidelberg | 0.54:36,0 | W40 | 4 |
| 56 | 905 | Marek | Uwe | 1968 | Sparkasse Heidelberg | 0.54:40,0 | M40 | 8 |
| 57 | 964 | Dietrich | Christoph | 1964 | - | 0.54:57,0 | M45 | 10 |
| 58 | 487 | Nothnagel | Andreas | 1967 | Sparkasse Heidelberg | 0.55:21,0 | M40 | 9 |
| 59 | 918 | Fischer | Elke | 1966 | FREIRAUM | 0.55:25,0 | W45 | 3 |
| 60 | 937 | German | Rolf | 1968 | Diakonissen Speyer | 0.55:56,0 | M40 | 10 |
| 61 | 457 | Roughan | Simon | 1968 | Wilhelmsfeld | 0.56:03,0 | M40 | 11 |
| 62 | 901 | Berthold | Michael | 1959 | Dossenheim | 0.56:28,0 | M50 | 6 |
| 63 | 954 | Beck | Herbert | 1942 | LT Ladenburg | 0.56:42,0 | M65 | 1 |
| 64 | 951 | Haschler | Herr | 1947 | LT Ladenburg | 0.57:11,0 | M60 | 4 |
| 65 | 482 | Junghans | Babara | 1990 | Sparkasse Heidelberg | 0.57:23,0 | W20 | 3 |
| 66 | 939 | Schmeckenbecher | Lutz | 1959 | Speyer | 0.57:35,0 | M50 | 7 |
| 67 | 966 | Wagner | Jürgen | 1958 | Heidelberg | 0.57:47,0 | M50 | 8 |
| 68 | 927 | Neidig | Felicitas | 1974 | FREIRAUM | 0.57:48,0 | W35 | 1 |
| 69 | 917 | Dölken | Mechthild | 1966 | FREIRAUM | 0.57:49,0 | W45 | 4 |
| 70 | 477 | Pfeifer | Harry | 1961 | - | 0.57:51,0 | M50 | 9 |
| 71 | 930 | Speth | Willi | 1956 | FREIRAUM | 0.57:57,0 | M55 | 3 |
| 72 | 962 | Bähr | Sophie | 1992 | Bährenstark | 0.58:01,0 | W18 | 2 |
| 73 | 947 | Stirmann | Uwe | 1956 | IGL Weinheim | 0.58:04,0 | M55 | 4 |
| 74 | 973 | Rinas | Olga | 1962 | - | 0.58:22,0 | W45 | 5 |
| 75 | 488 | Ottinger | Armin | 1959 | Sparkasse Heidelberg | 0.58:28,0 | M50 | 10 |
| 76 | 940 | Hötter | Erich | 1938 | - | 0.58:41,0 | M70 | 1 |
| 77 | 490 | Redlow | Natascha | 1991 | Sparkasse Heidelberg | 0.58:43,0 | W20 | 4 |
| 78 | 479 | Glabe | Kira | 1993 | Sparkasse Heidelberg | 0.58:50,0 | W18 | 3 |
| 79 | 974 | Reinhard | Michael | 1963 | TSV Handschuhsheim | 0.59:23,0 | M45 | 11 |
| 80 | 958 | Schneider | Kai | 1966 | Heidelberg | 0.59:29,0 | M45 | 12 |
| 81 | 473 | Sippel | Heike | 1961 | Heidelberg | 1.00:24,0 | W50 | 2 |
| 82 | 476 | Rivkin Haag | Renata | 1972 | Mannheim | 1.00:31,0 | W35 | 2 |
| 83 | 952 | Dommel | Karin | 1951 | LT Ladenburg | 1.01:18,0 | W60 | 2 |
| 84 | 956 | Hölter | Ulrike | 1971 | Wilhelmsfeld | 1.02:15,0 | W40 | 5 |
| 85 | 942 | Klaus | Hermann | 1955 | Tea and More Hemsbach | 1.02:53,0 | M55 | 5 |
| 86 | 480 | Glabe | Lena | 1990 | Sparkasse Heidelberg | 1.03:30,0 | W20 | 5 |
| 87 | 489 | Peuker | Anja | 1972 | Sparkasse Heidelberg | 1.03:44,0 | W35 | 3 |
| 88 | 944 | Schmitt-Jörder | Heike | 1982 | SC Wilhelmsfeld | 1.04:59,0 | W20 | 6 |
| 89 | 936 | Helfrich | Renate | 1960 | Lauftreff Wilhelmsfeld | 1.06:54,0 | W50 | 3 |
| 90 | 928 | Schlaud | Daniela | 1969 | FREIRAUM | 1.07:01,0 | W40 | 6 |
| 91 | 463 | Lüll | Gabriele | 1960 | Heidelberg | 1.07:02,0 | W50 | 4 |
| 92 | 468 | Bergmann | Uschi | 1966 | UB | 1.08:21,0 | W45 | 6 |
| 93 | 470 | Kapp | Petra | 1966 | vereinslos | 1.09:19,0 | W45 | 7 |
| 94 | 925 | Landenberg, von | Christine | 1963 | FREIRAUM | 1.10:03,0 | W45 | 8 |
| 95 | 923 | Knich | Camilla | 1961 | FREIRAUM | 1.10:04,0 | W50 | 5 |
| 96 | 492 | Reinhard | Jessica | 1991 | Sparkasse Heidelberg | 1.10:12,0 | W20 | 7 |
| 97 | 462 | Bausch | Werner | 1938 | TV Schriesheim | 1.13:07,0 | M70 | 2 |
| 98 | 919 | Friedrich | Birgit | 1970 | FREIRAUM | 1.14:25,0 | W40 | 7 |

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| 99 | 931 | Tschudi | Gabi | 1952 | FREIRAUM | 1.14:26,0 | W55 | 1 |
| 100 | 965 | Niestroj | Friederike | 1959 | Lauftreff Jusa Röhling | 1.14:37,0 | W50 | 6 |
| 101 | 950 | Sommer | Gertrud | 1939 | TSG Wilhelmsfeld | 1.15:16,0 | W70 | 1 |
| 102 | 972 | Reinhard | Petra | 1961 | Lau-frau-sch | 1.16:31,0 | W50 | 7 |
| 103 | 929 | Schnoks | Marion | 1966 | FREIRAUM | 1.24:46,0 | W45 | 9 |
| 104 | 916 | Röhling | Insa | 1959 | FREIRAUM | 1.24:47,0 | W50 | 8 |